

Mains ~ Based on Single Serving Size

Slow Roasted Thinly Sliced Roast Beef in Rich Gravy ~ 6oz	\$10
Chicken or Beef Tenderloin Kabobs with Zucchini, Red Onion, Mushroom and Peppers ~ 2 per package (lightly grill to finish)	\$14
Hayters Turkey Breast with a Light Tarragon Gravy	\$10
BBQ'd Ontario Pork Tenderloin with a Korean Glaze ~ 7oz	\$10
Smoked Applewood Pulled Pork ~ 8oz	\$10
Mainly Meatballs ~ Pork, Veal and Beef in Light Tomato Sauce ~ Great on a Sub or with an Ala Dente Pasta ~ 4 per package	\$10
Angry Jump Fried Shrimp (6 shrimp) ~ lovely on a bed of Scented Rice or on a Steak! Or quite simply by themselves	\$14
Also Available ~ Cold poached shrimp cocktail with jalapeño red onion cocktail sauce 12 shrimps 13/16	\$36
Best Butter Chicken with Tender White Meat, Indian Inspired Spiced, Rich Tomato Sauce	\$10
Grilled Ontario Breast of Chicken ~ choice of ~ Rosemary Lemon Garlic ~ Teriyaki ~ Hickory BBQ	\$8
Steak or Chicken Thai Stir-fry ~ Crispy Colourful Vegetables, Chicken or Beef with an Oriental Twist	\$10
Tropical Chicken Curry ~ Red Pepper, Pineapple, Chicken ~ deep rich inspired curry sauce	\$10
Extra Creamy, Super Cheesy Mac & Cheese	\$9
Rigatoni with Rich Meat Sauce ~ Garlic, Fresh Thyme ~ Chef Alfred's Secret Recipe!	\$10

Sides to Accompany Above Menu Items ~ Based on Single Serving Size

Oven Roasted Baby New Potatoes with Rosemary, Seasalt, Garlic and Olive Oil	\$3.50
Red Skin Mashed Potato with Cream and Butter	\$4.50
Fragrant Basmati Rice or Wild Grain Rice	\$3.50
Roasted Brussel Sprouts with Bacon	\$5
Sautéed Garden Vegetables with Butter, Salt and Pepper	\$4
Baby Carrots with Honey and Parsley	\$3.50
Fresh Ontario Green Beans with Shallots and Thyme	\$4

House Made Salads to Accompany Above Meals ~ Based on Single Serving Size

Floral Greens with Citrus Segments ~ Caesar ~ Greek ~ Marinated Vegetable ~ House Potato with Dill and Red Onion	\$5
Bow Tie Pasta Salad with Fresh Basil ~ Greek Pasta Salad ~ Curried Couscous Salad ~ Watermelon / Feta	\$5

Cookies & Brownies

Jumbo Home Baked Cookies ~ Oatmeal Raisin, Chocolate Chunk ~ great on their own or with ice cream!	\$1
Brownies (Gluten Free Available Too!) \$4 Gluten Free	\$3

***Please place your order by phone or email end of Day Saturday for Wednesday Delivery or Pick Up
Free Delivery with \$80 Order***